

TCM Medical History

Individually rate each symptom=s severity if applicable 1 - 5 (being the worst)

CARDIOVASCULAR

- Heart Palpitations
- Chest pain
- Dizziness
- Irregular heart beat
- Shortness of breath
- High blood pressure
- High cholesterol
- Leg cramps
- Lack joy in life
- Crave / aversion bitter foods

RESPIRATORY

- Dry cough
- Cough w/ sputum
- Cough w/ blood
- Sore throat
- Nasal discharge
- Nose bleeds
- Asthma
- Hay - fever
- Allergies
- Bronchitis
- Pneumonia
- Frequent colds
- Low energy
- Itchy skin
- Experiencing sadness
- Crave / aversion spicy foods

GENITIOURINARY

- Frequent urination
- Painful urination
- Incontinence
- Bladder infections
- Pain in the genital area
- Increased sexual drive
- Decreased sexual drive
- Kidney stones
- Kidney failure
- Neuritis
- Low back pain
- Knee pain
- Achy bones
- Osteoporosis
- Poor memory
- Hair loss
- Hearing problems
- Ringing in the ears
- Crave / aversion salty foods

GASTROINTESTINAL

- Indigestion
- Bloating
- Gas / belching
- Abdominal pain
- Excessive appetite
- Decreased appetite
- Pain after meals
- Heartburn
- Acid reflux
- Nausea / vomiting
- Anorexia
- Diarrhea
- Bloody stools
- Black stools
- Parasites
- Frequent use of Antibiotics
- Constipation
- Colitis
- Cold hands & feet
- Heaviness anywhere in your body
- Difficult to awaken in am
- Edema / swelling
- Bad breath
- Hypoglycemia
- Muscle fatigue
- Poor muscle tone
- Obsessive
- Craving / aversion sweets

LIVER / GALLBLADDER

- Jaundice
- Hepatitis
- Cirrhosis
- Depression
- Irritability
- Easily angered
- Headaches
- Visual problems
- Itchy eyes
- Dry eyes
- Red eyes
- TMJ
- Muscle twitching
- Joint stiffness / pain
- Brittle nails
- Difficulty making decisions
- Startle easily
- Craving / aversion to sour foods
- Difficulty digesting fatty foods
- Skin disorders

MUSCULAR / SKELETAL

- Neck pain
- Back pain
- Car accidents
- Muscle cramping
- Torn ligaments
- Painful joints
- Arthritis
- Disc problems
- Scoliosis
- Skeletal abnormalities

MALES ONLY

- Prostate disorders
- Testicle pain
- Premature ejaculations
- Low sperm count
- Hormonal imbalances
- Impotence
- Genital herpes

FEMALES ONLY

- Irregular menses
- Painful menses
- Amenorrhea
- PMS
- Perimenopause
- Menopause
- Heavy bleeding
- Endometriosis
- PCOS
- Fibroids
- Ovarian Cancer
- Leukorrhea
- Vaginal infections
- HPV +
- Genital warts
- Genital herpes
- Breast tenderness
- Breast cysts
- Breast cancer
- Breast implants

MISCELLANEOUS

- Parkinsons
- Autoimmune disorders
- Diabetes
- Cancer
- Blood clotting disorders
- HIV